

## The Bo 'Diddley' Rhythm

You can hear me demonstrate it in this video  
<https://www.youtube.com/watch?v=2i UQV95DBM>

The pattern lasts for two bars, so it's good to practice each half separately. It's also crucial that your right hand doesn't ever stop going up and down, even if it's not hitting the strings. The 'ands' are always played by an upstroke.

<b>1</b>	<b>and</b>	<b>2</b>	<b>and</b>	<b>3</b>	<b>and</b>	<b>4</b>	<b>and</b>	<b>1</b>	<b>and</b>	<b>2</b>	<b>and</b>	<b>3</b>	<b>and</b>	<b>4</b>	<b>and</b>
<b>down</b>		<b>down</b>	<b>up</b>		<b>up</b>	<b>down</b>			<b>up</b>	<b>down</b>		<b>down</b>			